

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Patrick County Public Schools



THE  
**PARENT**  
INSTITUTE®

## March 2024

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Record a conversation with your child. Listen to it together and talk about how your voices sound.
- 2. Review math facts with your child today.
- 3. Talk about your day in lots of detail. Then, ask about your child's day.
- 4. Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
- 5. Talk to your child about a time you had to work with someone you didn't like. How did you handle it?
- 6. Talk about a familiar place and have your child decide which direction it is from your home—*north, south, east or west*. Then, look at a map.
- 7. Have your child turn a news article headline into a question. Then, read the article together. Did it answer the question?
- 8. Have your child choose a famous woman to learn more about. Look for biographical information online or at the library.
- 9. Fly a kite with your child today.
- 10. Encourage your child to read today's top news stories and report on one at dinner tonight.
- 11. Have your child read to you while you're in the car or on the bus.
- 12. Demonstrate how to take your own pulse. Have your child do it. Then, jump up and down 50 times together and take your pulses again.
- 13. Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
- 14. Set an example for your child by reading. Then, say something like, "I love reading about new things!"
- 15. Together, think of several words that start with the same letter. Put them in a sentence that makes sense.
- 16. Relax together. Say how much you enjoy your child's company.
- 17. Ask your child to use a radio announcer voice to read aloud to you.
- 18. Let your child help you make a family chore chart. Everyone can check off jobs as they are finished.
- 19. Ask your child to draw a self-portrait.
- 20. Go outside and watch as the wind moves through the trees. Ask your child, "What sound does the wind make?"
- 21. Ask your child, "What are you thinking right now?"
- 22. Talk with your child about the importance of telling an adult when someone is being bullied.
- 23. Books that win the Caldecott medal have great illustrations. Help your child find one at the library.
- 24. Does your child ride a bike? Review the rules of bicycle safety.
- 25. Post a funny saying or comic where your child will see it.
- 26. Have your child write a letter or draw a picture for a living author of a book. Send it to the author in care of the book's publisher.
- 27. Hold a family meeting. Decide on some family goals together.
- 28. Encourage your child to take healthy risks. For example, suggest talking to a classmate your child doesn't know well.
- 29. Help your child make a plan and carry it out.
- 30. Combine TV viewing with exercise. When a commercial comes on, get your family up and move. Jump up and down, run in place, do sit-ups.
- 31. Check ads for prices ending in 98 or 99 cents. Challenge your child to round off and estimate how much four of these items would cost.